



RESOURCE LIST

**Employment, Financial Wellness, General, Health & Wellness,
Housing, Insurance, Legal, Utility Programs**

EMPLOYMENT

CareerOneStop.org - 877/US-2JOBS

Provides people seeking work with opportunities including job listings, resumes & resources.

Craigslist.org: Online community that posts full & part-time jobs, rentals, want ads & more.

Volition.com: "Free Stuff" web site plus a variety of ways to make money including groups (paid for your opinions), surfing the web & mystery shopping.

WorkingWorld.com: Provides Los Angeles career opportunities & employment resources.

Employment Development Department: www.edd.ca/gov

Job placement & referrals, unemployment & disability insurance, training & more.

FINANCIAL WELLNESS

Clearpointcreditcounselingsolutions.org – 877/422-9045

Free budget counseling, debt payment plans, financial wellness seminars & workshops on money management, securing loans & preventing foreclosure.

GENERAL

211 (formerly INFO LINE) – dial 211

Specialists provide 24-hour information on human services agencies throughout U.S.

Foodstamps.org - CA residents: www.dss.cahwnet.gov/foodstamps

Eligibility & application requirements on state and local levels.

SOVA Food Pantries (Los Angeles): www.jfsla.org/sova - 818/988-7682

New visitors register with photo ID 1-hour before closing. 1 monthly visit allowed. Food Stamp worker & legal aid on site *by appointment only*.

Valley: 16439 Vanowen St., Van Nuys. Hours: Mon. & Wed. 10am-1:45, Fri. 10-1:15, Sun. 9:30-11:45 (1st & 3rd Sun. only).

West LA: 8846 Pico Blvd., Los Angeles. Hours: Mon. & Wed. 10am-1:45, Fri. 10-1:15.

Metro: 7563 Beverly Blvd., Los Angeles. Hours: Mon. & Wed. 10am-1:45, Fri. 10-1:15, Sun. 9:30-11:45 (2nd & 4th Sun. only).

ProjectAngelFood.org - 800/761-8889

Home delivered meals for L.A. County residents living with HIV/AIDS & other serious illness.

GovBenefits.gov - Official web site helps you find government benefits.

IRS.gov - 800/829-1040

PAWS/LA (L.A. County Residents): www.pawsla.org - 323/464-7297

Free comprehensive pet care services for pet owners living with disabling illness.

New York Department for the Aging: www.nyc.gov/html/dfta/html/home/home.shtml

Senior resources & benefits programs: Social Security, SSI, Veterans, Medicare, Medicaid, Public Aid, Food Stamps, and SCRIE (Senior Citizen Rent Increase Exemption).

New York Human Resource Administration

www.nyc.gov/html/dfta/html/home/home.shtml - 877/472-8411

Resources for elderly & low-income persons including housing, SCRIE (Senior Citizen Rent Increase Exemption), utilities & food. 866/ FOOD-NYC provides automated food stamps information. NYC.gov has online resources for individuals & families.

Social Security & Medicare: www.ssa.gov - 800/772-1213

HEALTH & WELLNESS

California Department of Health Services: www.dhs.ca.gov

Programs include: Medi-Cal, Denti-Cal, In-Home Supportive Services (IHSS), Children's Services (CCS), Women, Infants & Children Supplement Nutritional Program (WIC), & the Breast and Cervical Cancer Treatment Programs.

California Department of Mental Health: www.dmh.cahwnet.gov

Information on statewide mental health services.

CareCredit.com - 800/859-9975

Nationwide patient payment program designed specifically for healthcare & dental expenses.

Center for Performing Arts Medicine, Methodist Hospital, Houston, TX – 713/394-6088

Go to **www.methodisthealth.com** & click on Department & Services, then Centers & Programs. Medical care for performing artists through Artist Cardholders program.

HealthAllianceforAustinMusicians.org - 512/322-5177

Low-cost medical, dental & mental health services for uninsured, professional musicians & singers in Austin, TX.

LensCrafters Gift of Sight Program

Free exam & glasses to low-income persons referred by a nonprofit.

Los Angeles Free Clinic: www.thesabanfreeclinic.org - 323/653-1990

Medical & dental care, legal aid, counseling, HIV testing, prenatal care & alternative medicine.

The Maple Counseling Center: www.tmcc.org - 310/271-9999

Low fee counseling (Individual, couples, family) & support groups on an outpatient basis.

MEDICAID: www.cms.hhs.gov/home/medicaid.asp

Pays for medical assistance for low-income individuals & families.

MEDI-CAL: www.medi-cal.ca.gov - 818/718-5003

DPSS District Office: 21415 Plummer Street, Chatsworth, CA 91311. Pays for a variety of medical services for low-income individuals & families. To apply you need: birth certificate or passport, CA driver's license or ID, proof of income & proof of medical circumstances.

New York City Department of Health and Mental Hygiene

www.nyc.gov/html/doh/html/home/home/shtml. Health and wellness resources.

Partnership for Prescription Assistance: www.pparx.org

Helps individuals find Patient Assistance Programs, through the drug manufacturers, for which they may qualify for medications at low/no cost.

Patient Advocacy: TheKarisGroup.com - 512/292-9560

Assists patients in resolving outstanding medical bills exceeding \$25,000. Secures funding & negotiates settlements & payment plans with providers.

Patient Services Inc.: www.uneedpsi.org - 800/366-7741

Assistance with health insurance premiums, pharmacy co-pays & waivers to persons with chronic illness.

UCLA School of Dentistry: www.dent.ucla.edu/patientcare/new.asp - 310/206-3904

Wilson-Jennings-Bloomfield UCLA Venice Dental Center

www.dentistry.ucla.edu/patientcare/clinic_venice.asp - 310/392-4103

Comprehensive dental care to low-income individuals in & around Venice, CA.

USC Dental Clinic, Los Angeles: www.usc.edu/patient_care/dentists - 213/740-2012

Comprehensive oral health care to patients who qualify. General dentistry procedures provided by student dentists & hygienists under faculty supervision.

ValleyCommunityClinic.org - 818/763-1718, No. Hollywood, CA

Comprehensive medical, counseling & health education services.

Valley Women's Center: www.valwomctr.org - 818/713-8700, Canoga Park, CA

Individual, couples, family counseling & support groups for personal, family, marital conflict, aging, etc. Fees based on ability to pay; initial consult & evaluation no charge.

Women Helping Women: www.ncjwla.org/community_services/ - 877/655-3807

Workshops, support groups, counseling & other resources for women.

HOUSING

CA Homeowner & Renter Assistance Program – 800/338-0505

www.ftb.ca.gov/individuals/hra/index.shtml - Once a year payment from California State to qualified homeowners based on assessed property taxes paid on homes. Maximum amount homeowner receives is \$472.60. For renters, payment based on part of property taxes paid indirectly when rent paid. Maximum assistance \$347.50. Must meet age & income guidelines.

Fair Housing Foundation - 323/295-3302

Free information, counseling & mediation with tenant problems related to eviction, security deposits, repairs, harassment, lease terms, late fees, etc.

SECTION 8 RENTAL ASSISTANCE

LA City Housing Authority: www.hacla.org - 800/555-4501

Contact for program availability (Hollywood & Valley).

LA County Housing Authority: www.lacdc.org/CDCWebsite/HA/Home.aspx - 800/731-4663
Contact for program availability (e.g. Bev. Hills, W. Hollywood, S. Pasadena, Santa Clarita, etc).

INSURANCE

Artists' Health Insurance Resource Center: www.arhirc.org

Nationwide database, through the Actors Fund, that provides detailed health insurance & health care information for the arts community.

CAARP-California Low Cost Auto Insurance Program: www.aipso.com/ca - 800/622-0954

Basic car insurance coverage for drivers unable to obtain coverage due to limited income or driving history. Affordable policies available to L.A. County/City residents & residents of San Francisco County.

EPIC - Elderly Pharmaceutical Insurance Coverage Program

www.health.state.ny.us/health_care/epic/index.htm - 800/332-3742

New York State prescription plan for low-income seniors who need help paying for meds.

LEGAL

California Lawyers for the Arts: www.calawyersforthearts.org - 310/998-5590

Legal referrals, dispute resolution, educational programs & information to creative artists.

Texas Accountants and Lawyers for the Arts: www.talarts.org - 800/526-8252

Free accounting & legal services to artists from all creative disciplines.

Volunteer Lawyers for the Arts, NY: www.vlany.org - 212/319-ARTS

Pro bono & low cost legal services, information & education to the arts community.

Volunteer Lawyers for the Arts: www.starvingartistslaw.com

Comprehensive site has statewide listings for Volunteer Lawyers for the Arts organizations that provide free legal services to artists. Contract negotiations, mediation, copyright information, infringement lawsuits & tax information.

UTILITY PROGRAMS

Many nationwide telephone & utility companies work with customers to set up payment extensions & arrangements if they are experiencing difficulty paying bills.

ATT.com - 800/310-2355

Connects low-income households at 50% of the cost of basic residential service.

HEAP-NY, Home Energy Assistance Program - 800/342-3009

Helps low-income homeowners & renters pay utility bills.

LADWP.com - 800/342-5397. Several different discount programs for qualifying customers.

Residential Low Income Rate: up to 15% discount

Senior Citizen Lifeline Rate: for customers 62+

Life Support Device Discount & Paraplegic, Quadriplegic & Multiple Sclerosis Discount

Project ANGEL of United Way: assists low-income and elderly customers

LIHEAP-CA, Low Income Home Energy Assistance Program - 866/675-6623

Eligible low-income persons, via local governmental & nonprofit organizations, may receive aid for utilities & have homes weatherized to make them energy efficient. L.A. County Agency: Community Enhancement Services, Van Nuys; 818/891-4148.

New York Human Resource Administration - 877/472-8411

Takes referrals from caseworkers when service has been or is about to be disconnected.

SCE.com – Southern California Edison - 800/409-2365

Individuals on life support may qualify for extra savings on electric bills through Medical Baseline Allocation program.

So. CA Gas Company: www.socalgas.com/residential/assistance/care/ - 800/427-2200

20%+ discounts to qualifying low-income customers & disabled individuals.